

How to Prepare for a Lesson

Recommended items:

- Instrument
- Mouthpiece
- Etude Books
- Metronome
- Tuner
- Notebook
- Pencils
- Valve oil
- Water Spray (Trombones)
- Slide Cream

When you are preparing for your first lesson, here are some things to keep in mind.

- **Have an instrument.** I know it may seem obvious, but it is very important because your teacher may not have an extra instrument lying around the studio for you. You can buy or rent instruments at some music stores. Please explore your options and think within your budget.
- **Please plan the commute.** Whether it's the teacher's studio or online, do your best to show up at least 15 minutes before the lesson.
- **Gather up your materials.** If you have etude books, excerpts or solos, please bring them, so the teacher can know what direction to lead the student.
- **Practice, practice, practice!** Set yourself for success by using a metronome and tuner when you are practicing. Play in an isolated, distraction-free space. If you would like, take notes of your practice sessions and bring them to the lessons.
- **Have fun!** You are coming to improve your skills on the instrument, learn new repertoire and be a well-versed musician. It's normal to be nervous for lessons or any event when you have to perform in front of a person or audience. Preparation is the best way to ease out the nerves. If you ever feel tense, try listening to upbeat music or exercise before the lesson. Think positively when performing in front of an audience. Music reaches at its peak when the performer is in great shape mentally and physically.